

## FREE TO BE

JACK TURBAN

Written with compassion and urgency, an authoritative guide to understanding gender identity from an acclaimed expert on the mental health of transgender and gender diverse youth. Offers the tools to truly see and support transgender and nonbinary teens.

## MY CHILD IS TRANS, NOW WHAT?

BENJAMIN GREENE

An accessible primer on coming-out conversations, building community for trans youth, and options for social and medical transition. Emphasizes the importance of making space for trans joy in a world where trans teens are often met with anger, conflict, or even violence.

## HELPING YOUR TRANSGENDER TEEN

IRWIN KRIEGER

A compassionate and informative roadmap for parents and caregivers of transgender teens. The author's insights are gained from his professional experience regarding gender identity. An essential resource for anyone supporting a young person through gender health and affirmation.

## TRANSGENDER CHILDREN AND YOUTH

ELIJAH C. NEALY

A valuable guide to supporting gender expansive youth, their families and communities. Calls for a deeper understanding of gender and offers tools to advocate for the rights of transgender youth.

## THE TRANSGENDER TEEN

STEPHANIE BRILL

This guidebook explores the unique challenges that thousands of families face every day raising a teenager who may be transgender, nonbinary, or otherwise gender expansive. Learn how parents can more deeply understand their children and raise their nonbinary or transgender teen with love and compassion.

## GROWING UP TRANS

LINDSAY HERRIOT (ED.)

In their own words, trans youth share their experiences. Together the collection is a story of the challenges, big and small, of being a young trans person. At the same time, it's a toolkit for all, transgender or not, about what understanding, acceptance and support for the trans community looks like and how to be an ally.

